

GOALS OF TAILWIND TANDEM CLUB

The TailWind Tandem Club (TWTC) was formed on Nov. 3, 2001 with the purpose of bringing together people with a mutual interest in cycling, promoting fellowship, organizing year-round cycling activities, and developing a better understanding of safe and proper cycling in the community.

Our current members voted on our official name on Feb. 3, 2002. We have grown from 3 tandem teams to a responsible member club ~ and still growing with interest. We hosted the Southern Tandem Rally 2004, a major regional tandem event.

Our mission as a tandem club is to promote and encourage cycling for fun and health, as well as for transportation. We see more and more families joining our club from pulling a child trailer - to progressing to stoking with a parent. This is a fun way to keep the family together and still enjoy the outdoors and the communication you have between your Captain and your Stoker.

Why A Tandem? What one change could you make to revitalize your health, relationships, and sense of well-being? Believe it or not, the answer could be a tandem bicycle. If you are a single road biker and want to see what tandem riding is all about, come out and join our group on a ride and see the added fun that you could be enjoying.

The world on a tandem. People actually smile when they see you. It's rather romantic ~ whether riding across town or around the globe, the universal acceptance of couples on tandems means everyone, including strangers, becomes uncommonly friendly.

Captain and Stoker. The Captain is responsible for the stoker's comfort (calling bumps) and safety. If the Captain doesn't look out for the Stoker you're better off on two singles. Stop when the Stoker wants to stop, shift when the Stoker wants to shift, walk when the Stoker wants to walk. Take lots of "butt breaks." Make sure the Stoker has a good time! Do yourself a favor and never dump the bike with the Stoker on it.

Communicate your needs to each other. Remember that safety requires coordinated decisions about starting, stopping, steering, standing to be communicated. Compromise extends to details such as cadence since it must be the same for each. Negotiate if need be...but make your adventures fun and safe.

WHY WOULDN'T YOU WANT TO RIDE A TANDEM?
Come join us....see why you would want to tandem ride.

For more information on TWTC:

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TailWind Tandem Club

11918 Hookston Lane
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<http://www.tailwindtandemclub.com>

FREE

TANDEM RIDES DURING BIKE!CHARLOTTE



<http://www.tailwindtandemclub.com>

May 7, 2009

Wheels of Opportunity

Your chance to ride a tandem!

2009 EVENTS

Jan. ~ Happy New Year Take the tandem out for a leisurely ride around the block. Gear up for more fun things for the year.

- ⇒ **Happy New Year** ~ Bring in the New Year with a short ride to celebrate another tandem year
- ⇒ **Be Mine** ~ (Feb. 14) A trip to the chocolate shop is in store
- ⇒ **Shamrock Ride** ~ (Mar. 21) Do you feel Lucky? Prize for attending
- ⇒ **Easter in Aberdeen** ~ (Apr. 10-13) Easter is upon us. Bunny Hopping; Easter Egg Hunt; Coloring eggs
- ⇒ **Not So Foolish April Ride** ~ (Apr. 18) Foolish ride at Mint Hill with pizza after
- ⇒ **Free Tandem Rides** ~ (May 7) Do the Booty Loop on a Tandem, its FREE
- ⇒ **Pre-Mother's Day Ride** ~ (May 16) Stoker Moms rule the day
- ⇒ **Blue Ridge Parkway Ride with Team TASK** ~ (Jun. 25-28) Fun filled weekend on the Parkway
- ⇒ **Full Flush** ~ (Jun. 27) Poker Ride and Club Picnic; win prizes for best hand
- ⇒ **Fabulous 4th in Tryon** ~ (Jul. 4) Team up with other tandem members to do the Saluda watershed
- ⇒ **Dogs Days of Dallas** – (Jul. 12) Hot, hot, hot ride; join the fun
- ⇒ **Ride with Me Ride** ~ (Aug. 15) Grab that sweat band and join team members on a casual ride
- ⇒ **STR 2009 The Villages, FL** ~ (Oct.. 9-11) Come join teams in FL
- ⇒ **MS 2009** – Join up with TrueWheels team; free jersey
- ⇒ **Hog Jam** ~ (Oct. TBA) Grab a pork sandwich and let's ride with Blackmon's
- ⇒ **Roy Boy's Birthday Ride** ~ (Nov. 7) Roy turns how old! Subs after the ride and birthday cupcakes
- ⇒ **Holiday Gathering** ~ (Dec. 8) Back to Buca for good food
- ⇒ **Reindeer Romp Ride** ~ (Dec. 12) Team TASK year-end thank you for a safe ride year

Keep checking the ride calendar at
www.tailwindtandemclub.com
for more 2009 rides and events.
For tandem rallies check the rally link.

FREE

Tandem Rides with TailWind Tandem Club

Date: May 7
Time: 6:00 pm

Location: Corner of Providence & Queens Roads. Parking in the Myers Park United Methodist Church on the corner of Queens Rd. & Pembroke Ave.

Thinking of buying a tandem but don't know where to start. Want to see if tandem riding could be for you.

Join TailWind members for **FREE** rides to experience what a bike built for two is like. Take your turn being a Captain or a Stoker.

Our experts will describe in detail the workings of a tandem. Get comfortable while you take a tour of the "Booty Loop" on a tandem.

Enjoy Bike!Charlotte with
TailWind Tandem Club

Contact: Jay Brosnan, President 704-545-9774
jbrosnan@earthlink.net

FREE

Q: What is a captain? What is a stoker?

A: The captain is the person on the front of a tandem. A stoker is the person on the back of a tandem. You are a team.

Q: Do I pedal on a tandem?

A: You can if you like; the captain prefers that you do pedal.

Q: Do I have brakes in the back on the tandem?

A: No, you do not but you have faith in your "captain" who is always in control.

Q: What is it like riding a tandem?

A: Fun, fast, thrilling, adventurous, exciting, working together as a team, weekend trips, miles of exploring new territory, meeting new friends, revitalizing, opening up communication skills, exhilarating, tandem rally events, enjoying life together, invigorating, health minded, family, breathtaking views, gathering of same like people, challenging terrain. Did we mention fun, fast, thrilling?

Q: Why do TailWind members tandem ride?

A: See Answer above!

Q: How fast does a tandem go?

A: You can go as fast as your little legs will pedal. If you like down hills the descents can be fast.

Q: What is the cost range of a tandem?

A: Tandems can range from \$800 to \$15,000 (or more) depending on model, equipment, etc.

Q: Do you argue on a tandem?

A: What sort of a silly question is that? Do bears poop in the woods?

Q: I am tall, my significant other is short. Will that make a difference riding together?

A: Get fit properly for your tandem and you will have many enjoyable rides together.

Q: Do you have varied ride speeds for beginners?

A: The club has "A", "B" and "C" teams and you should fit right in.

Q: Who can become a TailWind member?

A: Membership is open to all tandem folks. See www.tailwindtandemclub.com for membership.

Ask our expert tandem members. We are here to serve you on this "free" ride day during Bike!Charlotte.